

Nebraska Lifespan Respite Programs*

*funded with state and/or federal funds

Respite is providing a short-term break to those caring for family members with special needs.

September 2017

Respite email: DHHS.Respite@Nebraska.gov

NEBRASKA



**LIFESPAN RESPITE
NETWORK**

1-866-RESPITE (737-7483)

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Name of Program	Eligibility	Contact Information	Website
Lifespan Respite Subsidy Program	<p>Individual of any age with a special need who lives with an unpaid caregiver in a non-institutional setting, and meets financial criteria. Special needs include, but are not limited to, developmental disabilities, physical disabilities, chronic illness, physical, mental or emotional conditions, special health care needs, or cognitive impairments that require on-going supervision, or situations in which there is a high risk of abuse or neglect for the individual with special needs.</p> <p>Additional funding for exceptional circumstances respite available.</p>	<p>Linda Lehde Social Services Worker (402) 471-9188 dhhs.respite@nebraska.gov</p>	<p>http://dhhs.ne.gov/Pages/hcs_programs_lifespan-respite.aspx</p>
SSI/DCP (Disabled Children's) Program	<p>Children age birth to 16 who receive SSI (Social Security Insurance) benefits.</p> <p>Referrals can be made to any of the workers closest to the area where the family lives.</p>	<p>Call a worker directly or contact DHHS.MHCP@nebraska.gov</p> <p>Jeanette Hastings (Norfolk) (402) 370-3131 Shannon Siebe (Omaha) (402) 595-2189 Jan Drewel (Lincoln) (402) 471-5308 Jean Nolte (Lincoln) (402) 471-5379 Kathy Schweitzer (North Platte) (308) 535-8238</p>	<p>http://dhhs.ne.gov/Pages/hcs_programs_dcp.aspx</p>

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Name of Program	Eligibility	Contact Information	Website
Subsidized Adoption	Adoption subsidy approved by DHHS prior to the finalization of an adoption. Adoptive parent(s) may request an increase in the subsidy rate if your child encounters an unusual expense not generally incurred by a family and which is based on the child's special needs. Note: Private or out-of-state subsidized adoptions have unique considerations and may qualify for Lifespan Respite Subsidy.	Deanna Brakhage Sub-Adopt Program Specialist (402) 417-9331 or deanna.brakhage@nebraska.gov .	http://dhhs.ne.gov/children_family_services/Pages/adoption.aspx
Developmental Disabilities HCBS Medicaid Waivers	Individuals with intellectual and related developmental disabilities (DD). Respite included in available services. Income eligibility requirements.	Pam Hovis Waiver Manager, Division of Developmental Disabilities (402) 471-8717 pam.hovis@nebraska.gov 877-667-6266 dhhs.dddcommunitybased@nebraska.gov	http://dhhs.ne.gov/developmental_disabilities/Pages/developmental_disabilities_index.aspx

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Name of Program	Eligibility	Contact Information	Website
Aged & Disabled Medicaid Waiver	Individuals of all ages who are eligible for Medicaid and have needs at nursing facility level of care. Want to live at home rather than a nursing facility and can be served safely at home.	Children ages birth to three: Early Childhood Planning Regions Children ages 3 to 17: Local DHHS offices Adults 18-64: Independent Living Centers Adult over 65: Area Agencies on Aging	http://dhhs.ne.gov/Pages/hcs.aspx
Title III of Older Americans Act (National Family Caregiver Support Program)	Provides support services to informal family caregivers of individuals 60 years of age and older. The Caregiver can receive support in the form of care management, respite, education and training, information and assistance and various supplemental services. A service can be approved if it allows the caregiver to successfully maintain their caregiving role. Another aspect of the NFCSP is support for grandparents or relative caregivers who are the primary caregiver for a grandchild who is eighteen years of age or younger.	Local Area Agency on Aging office OR Department of Health & Human Services State Unit on Aging (402) 471-2307 1-800-942-7830 (Nebraska only)	http://dhhsemployees/sites/mltc/Pages/MLTCHome.aspx

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Foster Care/Child Protective Services	<p>Children who are unable to live safely at home. The Department provides the child with a substitute family approved or licensed by the Department. DHHS and a family team work with children and families to find solutions for needs, including respite.</p> <p>Licensed and kinship foster parents may pay for respite for themselves as caregivers using foster care maintenance funds.</p>	<p>1-800-7PARENT (1-800-772-7368)</p> <p>OR</p> <p>ACCESS Nebraska Economic Assistance Customer Service (800) 383-4278 In Lincoln (402) 323-3900 In Omaha (402) 595-1258 8:00 am - 5:00 pm Monday thru Friday</p> <p>OR</p> <p>1-866-RESPITE (1-866-737-7483)</p>	<p>http://dhhs.ne.gov/Pages/localoffices.aspx</p> <p>http://www.answers4families.org/family/foster-adoptive</p> <p>http://dhhs.ne.gov/children_family_services/Documents/CFSPSMap.pdf</p> <p>nrrs.ne.gov/respite (NE Lifespan Respite network provider resources)</p>
Medicaid through Personal Assistance Services and Skilled Nursing Care Services	Active Medicaid and program-specific eligibility. Applicant must request respite resource from Access Nebraska Medicaid & Long-Term Care staff who determines eligibility.	<p>Medical Eligibility Customer Service Contact: Call (855) 632-7633 In Lincoln (402) 473-7000 In Omaha (402) 595-1178 8:00 am - 5:00 pm Monday thru Friday</p>	<p>http://dhhs.ne.gov/Children_Family_Services/AccessNebraska/Pages/accessnebraska_index.aspx</p>

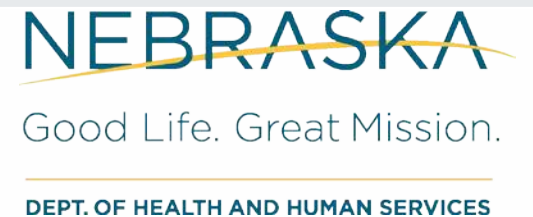
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Name of Program	Eligibility	Contact Information	Website
Adult Protective Services (Title XX)	Persons who are 18 years of age or older and have a substantial functional or mental impairment OR 18 years of age or older and have a guardian that was appointed by the Nebraska probate code AND there are allegations of abuse, neglect, or exploitation, including self-neglect.	Call the 24-hour toll-free Adult & Child Abuse & Neglect Hotline at 1-800-652-1999 OR local law enforcement	http://dhhs.ne.gov/children_family_services/Pages/nea_aps_apsindex.aspx#Eligibility
Alternative Response	<p>Alternative Response is a new program & approach designed to partner with families to increase safety and lower the likelihood of future abuse or neglect to children while helping families and communities connect.</p> <p>Intake accepted for assessment per program guidelines. DHHS conducts family assessments to determine the family's strengths and needs as well as assess for child safety. Families are connected to the supports and services they need.</p>	<p>DHHS.AlternativeResponse@nebraska.gov</p> <p>Call the 24-hour toll-free Adult & Child Abuse & Neglect Hotline at 1-800-652-1999</p>	http://dhhs.ne.gov/children_family_services/Pages/children_family_services_alternative-response.aspx



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Name of Program	Eligibility	Contact Information	Website
<p>Nebraska Western Iowa Veterans Administration Caregiver Support Program: General Caregiver Support Services and Comprehensive Assistance for Family Caregivers</p>	<p>If the veteran is not connected to the VA, visit their local county Veteran Service Officer If the veteran goes to the VA contact their PACT team social worker for services Caregiver may contact the Caregiver Support Coordinator</p> <p>Program specifically developed to support Caregivers of Veterans. Assists with accessing a wide range of services available to Veterans that may help ease Caregiver burden. Identifies and creates support resources to help educate Caregivers, alleviate Caregiver stress and improve wellness of Caregivers.</p>	<p>Caregiver Support Coordinator at each VA medical center 1-855-260-3274 to reach VA's Caregiver Support Line</p> <p>Joni S Morin MSW, LCSW Caregiver Support Coordinator Nebraska Western Iowa VA Health Care System 402-995-4618</p> <p>VA Caregiver Support Line 1-855-260-3274 Monday through Friday, 8:00 am – 11:00 pm ET Saturday, 10:30 am – 6:00 pm ET</p> <p>VA Caregiver Support website www.caregiver.va.gov</p>	<p>www.caregiver.va.gov</p>

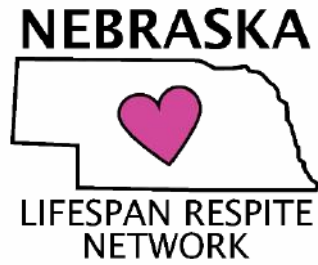
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Name of Program	Eligibility	Contact Information	Website
<p>U.S. Air Force (USAF) Exceptional Family Member Program (EFMP)</p>	<p>The Exceptional Family Member Program (EFMP) supports military families with special medical and educational needs. The program has three components:</p> <ol style="list-style-type: none"> 1. Identification and Enrollment 2. Assignment Coordination 3. Family Support <p>A family member who has special needs is a:</p> <ol style="list-style-type: none"> 1. Spouse, child, or dependent adult who, regardless of age, has special medical needs and 2. Requires medical services for a chronic condition such as asthma, attention deficit disorder, diabetes, multiple sclerosis, etc.; 3. Receives ongoing services from a medical specialist; or 4. Has significant behavioral health concerns. <p>A child (birth through 21 years) with special educational needs who is eligible for, or receives,</p> <ol style="list-style-type: none"> 1. Special education services through an Individualized Education Program (IEP); or 2. Early Intervention Services (EIS) through an Individualized Family Service Plan (IFSP) 	<p>For more information, or for assistance in finding services for a family member with special needs, please call 402-294-4329 or email 55FSS/FSFR@us.af.mil.</p> <p>EFMP Coordinator at the Airman & Family Readiness Center, (402) 294-4329 or visit Facebook page at: http://www.facebook.com/EFMP.Offutt</p>	<p>http://www.offuttafrfc.com/cms/index.php/programs/efmp</p>



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